## SILKEBORG HØJSKOLE - SPRING TERM 2024

## SCHEDULE - PERIOD A (15 January to 8 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
06.00	SWIMMING POOL OPEN	SWIMMING POOL OPEN		SWIMMING POOL OPEN	
07.00	Kitchen duties (07.10-07.30) - House group turnus for one week*				
07.30	Breakfast (07.30-08.00)				
08.00	Kitchen duties (08.00-08.30) - House group turnus and / or cleaning of common areas (08.00-08.20)				
08.30	MORNING ASSEMBLY (08.30-09.00)				
09.15	MAIN SUBJECT (09.15-11.30) Nature and Outdoor Life Sports and Water Sports Ceramics Art Music Politics and Debate (DA)	EXISTENTIAL SUBJECT-A** (09.15-11.30) The Inadequate Self (DA) A Note in Life (DA) Art Talk (DA) Gender and Body (DA) Religion and Culture (ENG) Social Entrepreneur (ENG) The Good Life (ENG)	WEDNESDAY ELECTIVE SUBJECT (09.15-11.30) Circular Clothing Kayak Canoes and Craftmanship Ceramics Cultural Understanding (DA) Mountainbike Music Garage Podcast (DA) The Art of Writing (DA) Sculpting	THURSDAY'S THEME (09.15-11.30) A morning of for example:  - External lectures - Open house - Teacher presentations - Songs from the hojskole song book - Individual student talks	IMMERSION FRIDAY (09.15-14.30) A full day around:  your Main or Existential subject, a joint programme, workshops and study tour preparations
11.30	Kitchen duties (11.30-12.00) - House group turnus*				
11.45	Lunch (11.45-12.30)				
12.15	Kitchen duties (12.15-13.00) - House group turnus* / The office & reception is open (12.30-12.55)				
13.00	MONDAY ELECTIVE SUBJ1A** (13.00-15.00) Woodwork Singing with guitar Kayak Polo The Capitalists Ceramics Nature is Calling Theology (DA) Beer brewing	JOINT PROGRAMME (13.00-14.00)  House group meeting incl. Coffee/tea & cake (14.05-14.45)	EXISTENTIAL SUBJECT-A** (13.00-14.30) The Inadequate Self (DA) A Note in Life (DA) Art Talk (DA) Gender and Body (DA) Religion and Culture (ENG) Social Entrepreneur (ENG) The Good Life (ENG)	MAIN SUBJECT (13.00-14.30) Nature and Outdoor Life Sports and Water Sports Ceramics Art Music Politics and Debate (DA)	IMMERSION FRIDAY continued (13.00-14.30)
14.30	Coffee/tea (14.30-15.00)				
15.00 15.30 16.00	Coffee/tea (15.00-15.15)  MONDAY ELECTIVE SUBJ. 2** (15.15-16.45)  Explorer travel preparations take place in Period B	TUESDAY ELECTIVE SUBJECT (15.00-16.30) Adventure Race Dance Intense Heart Rate Improv (DA) Needlework	TEACHERS' MEETING (14.45-16.45) SWIMMING POOL OPEN (15.00-16.00)	MAIN SUBJECT (continued) (15.00-16.15)	
16.15		Vocal Ensemble			
16.30		Volleyball   Beer Brewing (DA)			
17.00	Kitchen duties (17.00-17.30) - House group turnus*				
17.30	Dinner (17.30-18.00)				
18.00	Kitchen duties (18.00-19.00) - House group turnus* / The reception is open (18.10-18.30)				
19.00		SINGING (19.00-20.00)	CULTURE & LECTURE EVENING (19.30-21.00)		FRIDAY CAFE
20.30	Coffee/tea in the Living room (20.30-21.00)				

<sup>\*</sup>The kitchen and cleaning duties are different during the weekends. Please look up your Viggo schedule.

MONDAY-ELECTIVE SUBJECTS-1B: Stories (DA), Graphic Art, Sea Kayak, Ceramics, The Acts of Love (DA), Nature is Calling, Plant Based Cooking, On Your own Two Feet (DA), Song Writing MONDAY-ELECTIVE SUBJECT-2: Canada / Colombia Explorer

EXISTENTIAL SUBJECTS-B: The World of the Body (DA), Literature (DA), Media Reality (DA), Understanding Nature (DA), Philosophy (ENG), Political philosophy (ENG), Sustainable Innovation (ENG)

<sup>\*\*</sup>In Period B (from 2 April) the following subjects will be offered: